SENIOR FARMERS’ MARKET NUTRITION PROGRAM

Participant Requirements

ABOUT THE PROGRAM

The Missouri Senior Farmers’ Market Nutrition Program (MoSFMNP) provides benefit vouchers to low-income seniors (60 years of age or older) residing in one of 46 Missouri counties. Eligible seniors receive 10 vouchers ($5 each), totaling $50 annually.

Vouchers can be exchanged for eligible foods at a farmers’ market or roadside stand with an authorized farmer.

- Benefit vouchers issued to eligible participants: June 1-September 30
- Participants can redeem vouchers: June 1 - October 31

The program will run June 1 - October 31.

REQUIRED DOCUMENTATION

Age Verification (one of the following)
1. Driver’s License
2. Birth Certificate
3. Passport
4. State ID

Income Verification (one of the following)
1. Maximum gross household income of not more than 185% of the annual federal poverty level.
   - Pay stub, income statement, W-2, tax return, SSI or bank statement
2. Participate in Missouri’s Supplemental Nutrition Assistance Program (SNAP)
   - Must show current proof at time of application
3. Participate in the Community Supplemental Food Program (CSFP)

Residency Verification (one of the following)
1. Utility bill
2. Paycheck
3. Bank statement
4. Government-issued check
5. Paid property tax receipt
6. Housing rental contract

USDA Non-Discrimination Statement:
In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident. USDA is an equal opportunity provider, employer, and lender.
PARTICIPATING COUNTIES

Mid-Missouri Area
Aging Best AAA Office
Audrain
Boone
Callaway
Camden
Cole
Cooper
Crawford
Dent
Gasconade
Washington
Howard
Laclede
Maries
Miller
Moniteau
Morgan
Osage
Phelps
Pulaski

Kansas City Area MU Extension

Cass
Clay
Jackson
Platte
Ray

St. Louis Area Aging Ahead Office

Franklin
Jefferson
St. Charles
St. Louis City
St. Louis County

Springfield Area
SeniorAge AAA Office

Barry
Christian
Dade
Dallas
Douglas
Greene
Howell
Lawrence
Oregon
Ozark
Shannon
Stone
Taney
Texas
Webster

ELIGIBLE FOOD ITEMS

Locally Grown
defined as within the state of Missouri

FRUITS
(fresh and unprocessed)
Examples include:
- apples, blackberries, blueberries,
- cherries, elderberries,
- gooseberries, grapes, melons,
- peaches, pears, raspberries
- and strawberries

VEGETABLES
(fresh and unprocessed)
Examples include:
- asparagus, beans, beets,
- broccoli, cabbage, carrots,
- cauliflower, celery, corn,
- cucumbers, eggplant, greens,
- kale, kohlrabi, leeks, lettuce,
- mushrooms, okra, onions, peas,
- peppers, potatoes, pumpkins,
- radishes, rhubarb, rutabaga,
- salad mixes, spinach, squash,
- tomatoes, turnips and zucchini

HONEY (pure/raw)
Examples include:
- comb honey, liquid honey,
- naturally crystallized honey
- and honey sticks

COOKING HERBS (fresh cut)
Examples include:
- basil, chives, cilantro, dill,
- fennel, garlic, marjoram,
- mint, oregano, parsley,
- rosemary, sage, savory,
- tarragon and thyme

Ineligible Foods

- Products grown outside Missouri
- Dried fruits or vegetables
- Meats, seafood, eggs, cheese, processed goods or baked goods
- Potted fruits, vegetables or herbs
- Wild rice, nuts of any kind, maple syrup,
- cider, seeds and flowers

Vouchers can ONLY be redeemed at a farmers’ market or roadside stand!