ABOUT THE PROGRAM

The Missouri Senior Farmers’ Market Nutrition Program (MoSFMNP) provides benefit vouchers to low-income seniors (60 years of age or older) residing in one of 46 Missouri counties. Eligible seniors receive 10 vouchers ($5 each), totaling $50 annually.

Vouchers can be exchanged for eligible foods at a farmers’ market with an authorized farmer.

- Benefit vouchers issued to eligible participants: June 1-Sept. 30.

- Participants can redeem vouchers: June 1 - Oct. 31.

The program will run June 1 - Oct. 31.

REQUIRED DOCUMENTATION

Age Verification (one of the following)
1. Driver’s License
2. Birth Certificate
3. Passport
4. State ID

Income Verification (one of the following)
1. Maximum gross household income of not more than 185% of the annual federal poverty level.
   - Pay stub, income statement, W-2, tax return, SSI or bank statement
2. Participate in Missouri’s Supplemental Nutrition Assistance Program (SNAP)
   - Must show current proof at time of application
3. Participate in the Community Supplemental Food Program (CSFP)

Residency Verification (one of the following)
1. Utility bill
2. Paycheck
3. Bank statement
4. Government-issued check
5. Paid property tax receipt
6. Housing rental contract

Senior Farmers’ Market Nutrition Program
Local Agency Contact

St. Louis Area
Aging Ahead AAA Office
Call: (636) 207-0847

Mid-Missouri Area
Aging Best AAA Office
Call: (573) 443-5823

Kansas City Area
MU Extension
Call: (816) 380-8460

Southwest/South Central Area
SeniorAge AAA Office
Call: (417) 862-0762

www.MissouriGrownUSA.com

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Locally Grown
defined as within the state of Missouri

**FRUITS**
(fresh and unprocessed)

- apples, blackberries, blueberries, cherries, elderberries, gooseberries, grapes, melons, peaches, pears, raspberries and strawberries

**HONEY**
(pure/raw)

- comb honey, liquid honey, naturally crystallized honey and honey sticks

**VEGETABLES**
(fresh and unprocessed)

- asparagus, beans, beets, broccoli, cabbage, carrots, cauliflower, celery, corn, cucumbers, eggplant, greens, kale, kohlrabi, leeks, lettuce, mushrooms, okra, onions, peas, peppers, potatoes, pumpkins, radishes, rhubarb, rutabaga, salad mixes, spinach, squash, tomatoes, turnips and zucchini

**COOKING HERBS**
(fresh cut)

- basil, chives, cilantro, dill, fennel, garlic, marjoram, mint, oregano, parsley, rosemary, sage, savory, tarragon and thyme

**Ineligible Foods**

- Products grown outside Missouri
- Dried fruits or vegetables
- Meats, seafood, eggs, cheese, processed goods or baked goods
- Potted fruits, vegetables or herbs
- Wild rice, nuts of any kind, maple syrup, cider, seeds and flowers

**Vouchers can ONLY be redeemed at a farmers’ market!**